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# UNIVERSITY RINGING



### Public Relations Committee



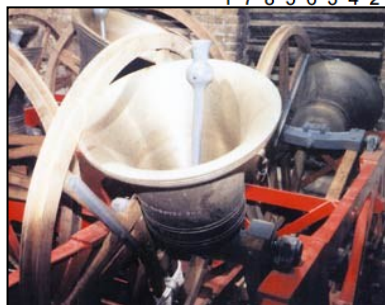
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## WHAT IS BELL RINGING?

- Bell ringing or change ringing is the art of ringing bells rhythmically in a series of patterns called "changes".
- Groups of "changes" are known as methods this is like a piece of music we learn off-by-heart (see right).
- There are about 40,000 bell ringers in the UK! Ringing is a very social & friendly team activity which introduces you to a global group of friends!
- You don't need to be strong or good at maths or music. A good sense of rhythm helps a little.
- Bells hung for change ringing are controlled by the ringer from below using a long rope and wheel.
- Bell ringing can be physically & mentally challenging, but it doesn't matter how long it takes you to learn. Even as a beginner you become a valuable part of the team.
- You don't have to go to church.
- Bells usually weigh between 1 cwt (50kg) and 4 tons (4,000kg) and are made from an alloy of copper & tin.
- Change ringing has a great history & started to develop in the early 17th century.
- Rings of bells are sometimes called peals, but the word "peal" actually means when 5,000 or more different changes are rung non-stop. A peal takes about three hours to ring!

1	2	3	4	5	6	7	8
4	3	6	5	8	7		
4	6	3	8	5	7		
4	6	8	7	3	5		
6	4	8	7	5	3		
6	8	4	7	5	3		
8	6	7	4	5	3		
8	7	6	5	4	3		
7	8	5	6	3	4		
7	5	8	3	6	4		
5	7	3	8	6	4		
5	3	7	8	6	4		
3	5	7	8	4	6		
3	5	7	4	8	6		
3	5	4	7	6	8		
1	3	5	2	7	4	8	6
3	5	4	7	6	8		
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6	4	8	7	3	5		
6	8	4	7	5	3		
8	6	7	4	5	3		
8	7	6	5	4	3		
7	8	5	6	4	3		
7	5	8	6	3	4		
5	7	3	8	6	4		
5	7	3	8	6	4		
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5	3	7	8	4	6		
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4	6	8	3	7	5		
6	4	8	7	3	5		
6	8	4	7	3	5		
8	6	7	4	5	3		
8	7	6	4	5	3		
7	8	5	6	3	4		
7	8	5	6	3	4		
7	5	8	3	6	4		
1	7	8	5	6	3	4	2



## ALREADY A RINGER?

The Central Council of Church Bell Ringers (CCCBR) Public Relations Committee has put together the following website to promote university bell ringing societies & guilds:



[universityringing.org](http://universityringing.org)

Most university ringing societies have an active social calendar and some spend as much time drinking as they do ringing!

Socials can include: tours or outings, treasure hunts, picnics, hand-bells, competitions (including the Southern and Northern Universities Association weekends), peal/quarter weekends, theatre trips, concerts, parties, dinners, Ringing World infiltration, nights down the pub and lots more...!

A lot of university ringing societies cater for a wide range of abilities at practices – the ULSCR for example rings anything from rounds to eight spliced surprise major, as well as giving handling lessons to those who are just beginning to ring.

